

# WESTOVER WILD ORCAS



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## Orcas Show Great Promise in Opener

Westover looked great down south at Shady Hollow last week. With 178 best times our swim season got off to a fabulous start.

Westover swept several events last Saturday, including the Boys 9&10 25-meter Backstroke, Girls 11-12 100-meter IM, and the Boys 15-18 100-meter IM. In the 11&12 Girls 50-meter Backstroke, the Orcas took the first 10 places!

In addition, Sarah Lackey and Hannah Gordontook first and second in the Girls 7&8 Freestyle; Madison Spencer and Ava O'Keefe finished 1,2 in the Girls 9&10 Freestyle; and Bailey Fellows took the Boys 13-14 Freestyle. Check the website for more great results from our Orcas!

## COACH'S COMMENTS

I am so proud of all of our ORCA swimmers! You looked great this past weekend at the Shady Hollow meet.

One of the toughest challenges we face in this "oh so short" summer season is maintaining a good balance between conditioning and stroke technique. Only 3 weeks into our season and most of our swimmers not only did a wonderful job racing, but also displayed good technique.

Thanks to our Orca parents who worked hard at the meet helping to move things along and also to keep us in line. And, thanks for sharing your shade with all.

I think all had fun, and that's a good thing!

See you at practice :)

Coach Sandy

A Reminder from the Coaches:

**Practice doesn't make perfect  
Perfect practice makes perfect**

## JODIE'S JEWELS

It's hard to believe that we have already finished our first meet of the 2002 season. You were all at your best Saturday, recording close to 180 personal best times. (Don't forget to check your folder for your ribbons on Mondays.) Many thanks to all the parents who volunteered at the Shady Hollow meet. You did a great job! Special thanks to Jayne Walters for running the home team's ready bench. We could not seem to find their volunteers. I hope all our Orcas had fun and that our many first timers (parents and swimmers), enjoyed the experience.

Let's do it again, at home, Saturday, June 1st, against Balcones Woods. The meet will start at 8:00 a.m. this Saturday, due to the size of both teams.

Any questions or concerns, please contact me at 338-0942 or gordons@peoplepc.com.

GO ORCAS, LET'S CRASH THROUGH SOME BLUE WAVES!

*Jodie Gordon*

Team (Mom) President

### CALENDAR

- Fri. May 31** Spirit Day Activities (see practice times p.2)
- Sat. June 1** Balcones at Westover
- Tues. June 4** BINGO & Potluck 6:30-9:00 pm
- Fri. June 7** Spirit Day Activities
- Sat. June 8** Granada Hills/Western Oaks at Westover
- Fri. June 14** Spirit Day Activities
- Sat. June 15** Westover at Great Hills
- Fri. June 21** Spirit Day Activities
- Sat. June 22** Championship Meet at UT Swim Center

# BINGO & POTLUCK

FEELING LUCKY or JUST HUNGRY?

**Tuesday, June 4th**

**6:30-9:00 pm**

Mark your calendars for BINGO, next Tuesday, June 4th from 6:30 - 9:00 p.m. It is a favorite with our swim team members! Anyone is invited to attend, so bring your family and friends and play for prizes!

**POTLUCK MENU:** A-C Desserts  
D-G Drinks (Lemonade, Tea, Liters of Soda)  
H-O Salads: green, pasta, bean  
P-T Main dishes  
U-Z Vegetable/fruit side dishes

BINGO will begin after dinner. We are now accepting toys, games, gift certificates, and other gifts that would make fun Bingo prizes. Cash donations are welcome and will be used along with some team funds to purchase larger prizes.

## GOT A SHIRT YET?

Of course any Orca T-Shirt is a good shirt, but the new ones are really special with the Orcas frolicking through flowers and the Wild Orca name set off with a new typestyle at the top. It's a great way to support the team with something you can use again and again

## ORCA MERCHANDISE:

Merchandise sales of t-shirts, caps, etc. will officially take place on Friday mornings during practice. Goggles, however, will be available daily during practice. You can see our Merchandise Coordinator, Lori Huang, or Coach Sandy on deck and have one of them grab a pair for you if you are in need. They are \$12. Please have a check ready. If you have any questions about availability please email Lori Huang at: ph8595@aol.com.

## . . . SLIDE SHOW

Is there anyone willing to volunteer to format our slide show for the awards banquet? Our banquet will be held on June 23 somewhere around 5:00 p.m. Traditionally, pictures taken throughout the season are gathered and put to music for a slide presentation after dinner and awards. Last year, we used digital pictures and a digital projector (the name of it escapes me at the moment) to produce the show.

If you can do this please contact our President, Jodie, and she will get you in touch with last year's "slideshow-master" for direction and more details.

Thank you for your continued support!

## LOST & FOUND:

We have a separate lost and found from our ORCA swim practices which you will find outside the shed during practice hours. It will be pulled out daily so you can look through it to find missing items. Just ask a coach if you can't find it.

Please come and get your towels before they get all smelly!

### Websites and E-Mails for Orca Folk :

ORCA Website: [www.wildorcas.com](http://www.wildorcas.com)  
Webmaster: Pete Wilcoxon

Coach Sandy and Dr. Keith Bell's website: [www.swimdoc.com](http://www.swimdoc.com)

Coach Sandy's email: [sneils@austin.rrcom](mailto:sneils@austin.rrcom)

Jodie Gordon, Team President: [gordons@peoplepc.com](mailto:gordons@peoplepc.com)

Pete Wilcoxon, Computer/Entries: [wilcoxon@eco.utexas.edu](mailto:wilcoxon@eco.utexas.edu)

Newsletter, Chip Morris: [mmavideo@swbell.net](mailto:mmavideo@swbell.net)

## From the Deck...

### • Spirit Friday (5/31)

Practice Schedule:

8:30 9-10's & 11-12's

9:30 SPIRIT

11:00 13 & up and 8 & under

- **Meet Warm-up** Swimmers need to be at the pool ready to warm-up by 6:50 a.m.

- **Saturday's Meet begins at 8:00 a.m.**

## Orca Decals Arriving Soon

Good-looking decals for your car window will show your support of the Orcas. They'll be available June 1st and cost \$5.00.



## TEAM CAPS

**\$2.00**

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