## WESTOVER WILD ORCAS



June 12, 2002, Issue 3

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#### **COACH'S COMMENTS**

What a wonderful meet we had Saturday against the Dolphins! I want to thank our parent group for putting on such a casual, relaxed, yet efficiently run, fun meet. Everything about it was great. Just the other day I was bragging to one of my coaching friends about the Orcas ...my comments: "This is the best parent group I have ever worked with." You really are and I truly appreciate your support and kindness.

The performances in the pool were anything but casual last Saturday. Our swimmers attacked their races and sometimes their opponents with much gusto. Orca technique was good in the pool and Orca spirit shined on deck. I am very proud of our swimmers. We had 148 best times against the Dolphins and another new team record in the 15-18 50 free, set by Katelyn Erickson in a time of 29.94. Way to go, Katelyn. (Some of you may have noticed that Katelyn is pitching in with some teaching and coaching duties.)

Entries for the Great Hill's meet are due Wednesdy so please make sure you get your event choices to me. I'm also taking Championship entries Wednesday since they are due a week early. Please see me tomorrow regarding both meets. We've got Team Pix this Wednesday, some fun things planned for Spirit Day this Friday, and an ORCA TALENT SHOW coming up. It's going to be a busy couple of weeks to round out the season. Please look for updates on the Orca board at the pool and also check your email.

Coach Sandy

#### DON'T FORGET...

Meet entries for Saturday and Champs ASAP Spirit Day on Friday, June 14 Meet at Great Hills/Jester on Saturday, June 15 Champs practice at UT on Sunday, June 16 Championship Meet at UT on Saturday, June 22 Awards Banquet on Sunday, June 23

#### JODIE'S JEWELS

Unbelievable! We made it through both home meets without having to postpone to a date later during the week because of rain. That's the first time in two years. Once the sound system got working, it was a great meet and I have lots of people to thank. Thanks to Nathan Glenn for lending us his band's PA system until some of the team Dads were able to reconfigure the system in the office ( Richard Brown, Ian MacMurtrie and Matt Sejnowski). Another first was set-up and clean-up in record time. Thank you all for picking up your trash Saturday. The gym looked amazing after the meet.

Laura Garner gets a big round of applause for stepping in this year to head up the very thankless job of Stroke and Turn Judge. This is by far the hardest volunteer job to take on and we had many new team parents who were willing to help us out. Thank you so much!

Stand-in announcers Dan Girardot and Cindy Isaacson did a great job. So did Rick Erickson who has the perfect cadence for starting all the heats. David Cline and Nancy Erickson thanks for helping him out. My favorite Head Timer, Lee Gordon, and his crew, thanks for being so flexible with all the moving around from one end of the pool to the other. Age Group Parents, we could not get our swimmers to their events without you, great job! Computers, Hospitality, Runners, and Scorers helped the meet run smoothly. Mollie Snow and her ribbons crew were quite busy with 148 best time ribbons along with many 1st, 2nd, & 3rd place ribbons for our team. Great victory, swimmers! As usual, Concessions, headed up for the second year in a row by Laurie Korn, Emily Sheehan and Jennifer Sowkinski did a great job and netted the team \$2000 between both home meets. Grill Chefs Shawn Good, Bob O'Keefe and Jay Webster, hats off to you! Lori Huang, Paula Ervin and committee, thanks for all your on-going efforts with merchandise sales. To the people behind the scenes, Treasurer Mary Afflerbach, Meet Director Leslie Bagby, and Club Manager Brendan Sheehan, thank you for all your efforts in keeping things running. Last, but not least, to our wonderful and talented coaching staff, Sandy, Bridger and Megan. Thank you for all your hard work with our kids six days a week. (continued on page 3)

### A BIG THANK YOU TO OUR GREAT SPONSORS!





# The Bonavita Law Firm







# O'KEEFE, EGAN & PETERMAN, L.L.P.

Attorneys at Law

#### **ORCAS PUT UP BIG NUMBERS ON DOLPHINS**

So many great performances last Saturday! Another triple win by Katelyn Erickson; also triple wins from Hannah Gordon, who led the 7-8 girls to sweeps in Freestyle and Breaststroke, and Nathan Glenn, who took the Backstroke, IM, and Breaststoke in 15-18 men. Alison Garner led the 11-12 girls to a sweep in Breaststroke and finished 1-2 in Fly with Jasmine Thum. Kendyl Webster won Freestyle, IM and Backstroke in the same age group. Madison Spencer led the 9-10 girls to a sweep in the Fly. Kaitlin Wilcoxen led the 9-10 girls to a sweep in the Breaststroke. Reed Erickson took Back and Breaststroke for 11-12 boys. Another sweep for the 6 & under girls! More great swims than space to tell. Watch out Gators! Orcas are on a roll!

#### (**JODIE**, continued from page 1)

To all of you I did not mention, thanks for your help in running an efficient and relaxed meet. We have great parents on our team, so swimmers, go and give your Mom and Dad a hug and a kiss for all that they do! It was a bittersweet meet for me, as this was my last home meet as President of the Orcas.

#### Jodie Gordon

Team (Mom) President

#### FROM THE DECK...

Make sure that you tell your age-group parent and your coach if you need to leave early as we may have counted you "in" for a relay or we might "need you" for a relay. If you are around when the relays are happening please report to the coach, as we may want you to fill an open spot. Thanks.

#### SPIRIT DAY

Spirit activities will be incorporated into swimmers regular practice times this Friday. Swimmers may stay after practice to have more "fun." Thanks go to Cindy Isaacson and Elaine Brown for brainstorming and organizing some fun stuff for us.

#### HOW 'BOUT A TALENT SHOW?

Keep watching for more details.

#### WE KNOW IT'S JUST A "LOVE TAP"

When cheering on your swimmer (or someone else's swimmer) during the relays especially, please refrain from giving the swimmer a little "shove" on the rear. We know you mean well, but besides it being cause to disqualify a team, it is sometimes a little disconcerting for the swimmer. Also, we are trying to help our swimmers be responsible for proper relay starts.

"Waiting" until the swimmer touches -- and, "going" when the swimmer touches. Thanks from the swimmers and coaches.



#### **GOT A CAR?** Spend \$5.00 for one of our Car Window Stickers, a great way to show your support for the Orcas!

#### **SPIRIT DAY FRIDAY JUNE 14th**

Yes, practice as usual this Friday — but lots more! All kinds of games, snacks and fun!

#### AWARDS BANQUET SUNDAY JUNE 23rd

The Orcas' great season will be recognized at our annual Awards Banquet on Sunday evening, June 23rd from 5:30-9:00 p.m. Las Colinas will cater the barbecue, followed by awards for our wonderful swimmers. The pool will be open an extra hour just for the Orcas, from 8:00-9:00 p.m.

The meal is free to team members, while parents and guests pay \$4.00. Under 3 years, no charge.

We need helpers to setup for the banquet and to clean up afterwards. If you can help, please contact Pat Tomsho at

pat.tomsho@misyshealthcare.com.

#### **STAY TUNED...**

Announcements coming on Champs warmups this Sunday afternoon from 1:00-2:30 p.m. at the UT Swim Center. Then, the Championship Meet at UT on Saturday, June 22nd. It'll be 10 and unders in the morning, everybody else in the afternoon.