

SPLASH ZONE



Latest News from the Westover Wild Orca Swim Team

EVERYONE IN THE POOL!

The first week of swim practice is in our rearview mirror, and the end of the school year is upon us. We hope that all the participating swimmers and their families are ready for another fun season of being part of one of the best summer swim leagues in Austin!

The energy level of the swimmers and the enthusiasm of our coaches are high, and it looks to be a great season.



The summer league is made up of all types of swimmers who come with varying levels of skills and experience and they have different objectives on why they joined the Orcas. Our goal is for our swimmers to have a good dose of swimming and healthy competition mixed with a lot of great friends and laughter that will make for a wonderful summer memory.

Our team cannot exist without each of our families contributing their time and talents this swim season. Thanks to each of you who are stretching your already busy schedules to make our team successful. We are in the process of

contacting all our committee leads right now. They will be contacting other volunteers on their team in the next week or so. Be ready to say "YES" for that volunteer position when they call.

Kathy Lewis and I are serving as co-presidents this year, and we are always happy to listen to your suggestions on how we can continue the tradition of making the Westover Wild Orcas a positive experience for our swimmers. Please feel free to contact us at ptomsho@earthlink.net or kathyalew@yahoo.com.

We have also added a box (black with a gray top) at the desk at the entrance that you are free to drop a note or message to Coach Sandy or one of the swim team officers. We will pick up those messages daily during swim team season.

Also, Sandy requests that during practice, if you need to discuss your swimmer, please direct questions you may have to Sandy personally and not to one of the assistant coaches. This will enable them to keep the practices running smoothly for all swimmers.

Pat Tomsho

SAVE THE DATE!

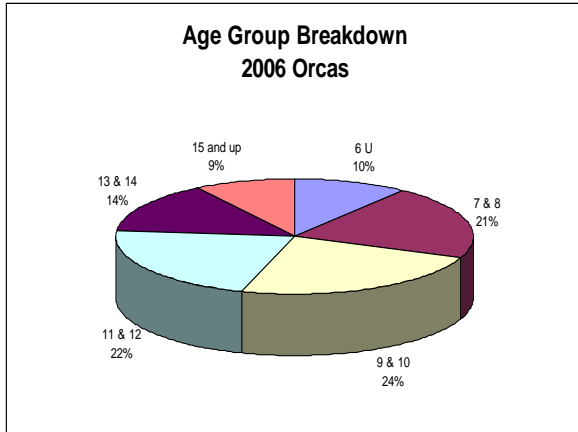
**Sunday, June 25th
5:00 PM**

Orcas' End-of-Season Party
(stay tuned...more details to come)

May 15, 2006
Issue One

AGE GROUP BREAKDOWN

This year, our team has grown to about 208 swimmers at last count. As you can see, we are pretty well dispersed across age groups.



What is really great to see is how our teenagers make up roughly a quarter of our team. I know that this is a source of pride to Coach Sandy and many of our long-time families who have worked very hard year after year to see those swimmers in the younger groups want to come back year-after-year.

It is great for our younger swimmers to have older swimmers to look up to! We hope to see this group of swimmers grow even more in the years to come.

SPONSORS

Thanks to the following individuals and businesses that have sponsored our 2006 Westover Wild Orcas....

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COACH'S CORNER

WOW. Let me say that again — WOW! It is so fun to return to Westover for my 8th summer and see how much everyone has grown so.

We seem to have a very focused group this year. It's wonderful. Welcome to our pre-competitive group of swimmers. They are concentrating hard on their strokes and building their strength.



And, talk about strength — our returning 8 and unders & 9-10's are looking very solid. 11-12's have stepped it up this summer and are already looking pretty smooth. Exciting is that when I started coaching here — many moons ago — we could not even put together a girls 15-18 relay and we had only one 15-18 boys relay, and that was only if all of our boys showed up. This summer we will be filling the lanes with senior relays.

I'm glad to have some of my Orca assistants & helpers back with me. You will see Katelyn on deck most of the season. Also returning to help with the younger group are: Liz, Alison, Vanessa, and Ian. Perhaps you'll meet some other Orca crew later.

Keep up the good training Orcas — you look wonderful! I'm happy to see you back in the pool.

Coach Sandy

Say "CHEESE"



If you bring your camera to the meets and get some wonderful pictures you want to share, please send link on to the website or send to

photos@wildorcas.com. We can post those pictures on the website for others to enjoy!