



# Pod Wire

*News from the Westover Wild Orcas*  
April 2008



Well, Orcas, the water is warming up (we hope), the end of the school year is drawing near (hard to believe), and we're revving up for another spectacular summer league season! We're going to have a full team again this year, with a number of new team members throughout the age groups. Please make them feel welcome and answer all of their questions...try to remember how dazed and confused you were during your first Orca season (please don't tell me I was the only one who was!).

Thanks a million to those of you who have offered to lead a volunteer group or to just step in and help anytime I need it. We truly appreciate it!

Please keep checking the website...the meet calendar has been finalized and posted, and we're adding dates for other events all the time.

I look forward to seeing everyone at the pool in May! Go Orcas!!

Ellen Cartsonis  
*Pod Prez 2008*

## Welcome (a) Board

I'd like to welcome my extremely capable fellow 2008/2009 Board members (I'm not sure I ever told them that it was a 2 year gig, so please don't let the cat out of the bag if you run into them!).

**Ellen Rozman:** Vice President

**Vera Smith:** Treasurer

Please thank them when you see them. We all know that our parent volunteers make each summer league season happen, but I appreciate Vera and Ellen's willingness to take on an extra level of responsibility (and I didn't even have to bribe them!!)



## Coach's Corner

Swimmers & Parents -

I hope you're ready! This is my 10th year with Westover Club and I'm as excited as the first year I met the Wild Orcas. Can't wait for the season to begin. Can you figure out why? Well, you'll just have to exercise patience for the answer to that one.

After-school practices begin on May 12th. Please keep an eye on the website for any updates to the schedule. Please make sure you are equipped with a working pair of goggles & fins either before or by that day.

We're getting some wonderful swimming weather lately, don't you think? If you've thought about "tuning up" for the summer season you might take a look at the website for the link to pre-season training.

Get ready for 2008 Orca Season FUN! See you soon,  
Coach Sandy



## A HUGE "SPOUT OUT" FOR OUR WONDERFUL ORCA SPONSORS 2008!!

*(and the Pod members who made them happen)*

- HowryBreen LLP (Sean & Roslyn Breen)
- The Law Offices of Gregory D. Jordan (Greg & Amy Jordan)
- indeed.com (JeanMarie Rust)
- Cain & Skarnulis (Steve & Libba Skarnulis)
- Compass Bank (Sarah Conlee)
- Brode Communications (Michael Brode)
- Texas Orthopedics (Karin Foster)
- Sweetish Hill Bakery (James Murphy)



### ORCA GEAR: *What You Need, and Where to Find It*

**TEAM SUIT:** We're using the same team suit as last year, as promised. It's the "Tyr" brand "Equinox" model (see picture insert). Female suits are \$40 + tax, Male suits (jammers) are \$27 + tax

If you prefer to use a plain black racing suit, we're allowing that option as well, this year. Either can be purchased at Lane 4 Swim Store, where you also receive a team discount:

9070 Research Blvd # 102  
Austin, TX. 78758  
512-836-5152



#### OTHER REQUIRED EQUIPMENT:

- One set of fins per swimmer
- One kickboard per swimmer
- One pair of goggles per swimmer
- Wild Orca swim cap (one latex cap will be provided to each swimmer for free, and swimmers will all be expected to wear a cap at meets, but not at practice)

Lane Four Swim Shop will be at Westover Club beginning at 3:00 on May 12<sup>th</sup> (the first day of practice) selling team suits and other gear. If you plan to purchase your child's suit on that day, please leave time to do this **BEFORE practice**, as **swimmers must be dry in order to try on suits!**